

SUNLIGHT DAY SPA™

INFRARED SAUNA THERAPY

- Detoxification
- Relaxation
- Pain Relief
- Weight Loss
- Skin Purification
- Fibromyalgia Easement
- Blood Pressure Reduction
- Immunity Defense

MONTHLY SAUNA PACKAGES

4 sessions	8 sessions	Unlimited
\$59	\$99	\$245

SINGLE SAUNA SESSIONS

30 minute session - \$20 (New clients only)
40 minute session - \$35

Additional sessions - \$20

SO SOUND THERAPY

- Muscle Relaxation
- Improved Circulation
- Reduction in Chronic Stress
- Lowered Blood Pressure
- Pain Relief

SO Sound vibrational upgrade - \$10

MASSAGE THERAPY

Om	Prenatal Relief (requires doctor's approval)
30 minute - \$50	50 minute - \$85
60 minute - \$80	
90 minute - \$110	
Recover	Swe-Thai
30 minute - \$65	90 minute - \$140
45 minute - \$75	
Release	Reiki
30 minute - \$65	30 minute + 40 minute infrared sauna session - \$65
60 minute - \$95	60 minute + 40 minute infrared sauna session - \$95
90 minute - \$125	
Hot Stone	
30 minute - \$65	
60 minute - \$95	
90 minute - \$125	

Add an Infrared Sunlighten Sauna Session to any Massage - 40 minute - \$20

BODY TREATMENTS

Glisten	Nourish
50 minute - \$75	50 minute - \$90
Purify	Go Backless
50 minute - \$90	45 minute - \$65
Rejuvenate	
50 minute - \$90	

Add an Infrared Sunlighten Sauna Session to any Body Treatment - 40 minute - \$20

SKIN CARE

FACIALS

Essential
30 minute - \$45
Signature
50 minute - \$75
Luxury
1 hour 30 minute - \$125

SPECIALIZED FACIALS

Eternal Youth	Instant Face Lift
60 minute - \$85	60 minute - \$115
Organic	Custom
60 minute - \$85	Starting at \$90
Purification	Hot Towel for Him
60 minute - \$85	30 minute - \$45
Young Adult	60 minute - \$85
45 minute - \$60	

Add an Infrared Sunlighten Sauna Session to any 50+ minute Facial - 40 minute - \$20

SPECIALIZED SKIN CARE

MICRODERMABRASION

Face	Face & Neck
30 minute - \$85	45 minute - \$95
Combined with a 30 minute Facial	Face, Neck & Chest
\$135	60 minute - \$115

Series of 5 face & neck microderms - \$400
Series of 5 face, neck & chest microderms - \$500

CHEMICAL RESURFACING

Starting at \$70	Perfection Lift - \$175
Hand and Foot — \$50	Series of 3 treatments - \$450
Series of 6 peels (recommended for optimum results) - \$350	Instant Face Lift Series - \$575
	Series of 6 treatments

Infrared Sauna cannot be used in conjunction with microderm or chemical resurfacing.

WAXING

Brows	\$20 and up	Bikini	\$40 and up
Brow & Lash Tinting	\$20 each / \$35 combined	Half / Full Leg	\$40 / \$60 and up
Half / Full Arm	\$25 / \$50 and up	Chest or Back	\$50 and up
Brow & Lip Combo	\$30 and up	Brazilian	\$80 and up
Underarm	\$30 and up	Full Leg with Bikini	\$100 and up

SPECIALIZED TREATMENTS

Ear Candling	Foot or Hand Massage
30 minute - \$25	20 minute - \$30

SPA ENHANCEMENTS

Can only be purchased with 50+ minute service.

Hand or Foot Paraffin	\$15	Eye Brightening	\$20
Hand or Foot Mask	\$15	Lip Rejuvenation	\$20
Hand or Foot Scrub	\$15	Neck & Décolleté Massage	\$30
Scalp Massage (10 min)	\$15		

SPA PACKAGES

Rejuvenate & Refresh	Blushing Bride-To-Be
2 hour - \$125	2 hour 30 minute - \$195
Sunlight Glow	Mommy-To-Be
3 hour - \$185	3 hour - \$200
De-Stress & Detox	Man Alive
3 hour - \$200	2 hour - \$105
Total Escape	
4 hour - \$265	

PARTIES & EVENTS

SPA PARTIES

For information or to schedule a spa party:
Call 913.754.2023

CORPORATE EVENTS

For information or to book an event:
Contact Mary Ryan - 913.754.0831 x146



SUNLIGHT DAY SPA

7373 WEST 107TH STREET
(AT METCALF & I-435)
OVERLAND PARK, KS 66212
913.754.2023
SUNLIGHTDAYSPA.COM

HOURS OF OPERATION

MONDAY 9am - 4pm
TUESDAY - THURSDAY 9am - 8pm
FRIDAY 9am - 7pm
SATURDAY 9am - 5pm
SUNDAY Closed

